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#### **Extraction Care For Kids**

1. Keep pressure on the area where tooth was extract
2. Check in 30min, if still bleeding change gauze and keep pressure on the area, change every 15min until bleeding stops.
3. While numb make sure child does not bite lip, cheek, or tongue.
4. Panadol as is needed for pain.
5. Eat on other side for 1 week.
6. Avoid extremely hot food or drinks for 24hrs.
7. To avoid dislodging the clot which will form over the hole where tooth was extracted, excessive activity should be avoided for the day (i.e. limit running, jumping, swimming etc). Objects such as fingers and pencils should not be placed in the mouth to avoid injury and infection.
8. Avoid eating hard or sharp foods such as potato chips or crackers for a few days after the extraction as they may dig into the hole where the tooth was.